Titinopathy

Changes in the *TTN* gene can cause
-skeletal muscle disease,
-heart problems or
-both combined.

***TTN* gene makes the titin protein**

Weak Respiratory Muscles

People may need help from breathing and coughing machines, such as BiPAP, a portable mechanical ventilator, or CoughAssist.

Weak Face and Throat Muscles

People may have difficulty with speech, eating, swallowing and/or making normal facial expressions.

Heart Problems

People may have arrhythmias, cardiomyopathy, or congenital heart defects.

Orthopedic Issues and Weak Body Muscles

People may have joint contractures, curvature of the spine (scoliosis), and may require wheelchairs, mobility devices, or orthopedic appliances.

Titinopathy generally does not affect brain development or cognitive function like learning or thinking.
Age of onset and severity varies from person to person, as does the progression of the disease.

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Learn more about Titinopathy and how you can support the mission of Team Titin.

www.TitinMyopathy.com

Strengthening the titin community

Scan to learn more

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